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To my patients,

As you know the practice of medicine has changed dramatically in the last several years due to many factors and very few solo practices have survived.

I was recruited to Arizona from Massachusetts General Hospital-Harvard Medical School in 2005 and I have enjoyed every minute practicing neurology the way I was trained.

And the most important and sacred to me is time with my patients, which is the key to deducing a diagnosis and planning the best treatment.

When I was told I was voted the Top Doctor in Neurology in Phoenix Magazine I think this was truly the reason. Time with you. "Time is Brain" is a famous saying for caring for stroke but it is true in all aspects of neurology care.

I know that you often had to wait a long time just to have all the time you needed with me over the years, but this is no longer feasible with what has happened with insurance plans and the costs running a neurology practice.

Every followup visit in neurology is just as important and complex as the first visit. Symptoms change and new treatments are always being developed. Sometimes we may have to think outside the box because there are no available treatments.

I have realized that the best option to continue in neurology practice without having to close down or merge into a hospital, is to have a simpler schedule without insurance companies interfering with my style of care. Starting January 1st we will no longer be accepting any insurance plans. We will have a simpler direct pay model that ensures, you the patient comes first, and I will continue to practice neurology the way I always have.

Some insurance plans may allow you to submit your visit for reimbursement and we can provide you with the paperwork necessary.

This will mean no long waits and you can choose the amount of time you want with me. As often as you like. Live or virtual. And no PA or meeting with an assistant. Just you and your neurologist.

We are scheduling followup visits for 2024 starting this week. You can choose a 30, 45, or 60 minute time slot.

Sincerely

Seth Kaufman MD, MPH